



**FEBRUARY
2021**

OUR MISSION

By providing an environment where learning opportunities take place and community relationships are enriched, the Sudie A. Fulford Community Learning Center will develop individual capacity and improve the quality of life for Swainsboro and Emanuel County.

OUR GOALS

- Education
- Civic Engagement
- Hospitality



UPCOMING EVENTS

- February 8 – Middle Judicial CHINS Meeting
- February 11 – Governor David Emanuel/Adam Brinson DAR Meeting

- March 8 – Middle Judicial CHINS Meeting
- March 17 – EREA Anniversary Committee Meeting
- March 18 – Fulford Advisory Board Meeting

LEAVE A LEGACY

Please consider the Sudie A. Fulford Community Learning Center when you are honoring or memorializing family and friends through the East Georgia State College Foundation. The Foundation is a 501(c)3 non-profit organization. All gifts are tax deductible to the extent approved by law. Contact Elizabeth Gilmer at 289-2037 for more information.



**FULFORD CENTER
ADVISORY BOARD**

Dr. Alan Brasher
Ada Lee Correll
Darlene Dickens
Kenny Griffin

Courtney Joiner
Elizabeth Kraus
Monica Pace
Harley Smith

Toni Terwilliger
Sharon Weatherford
Syvetta Young

FULFORD CENTER STAFF

Harley Smith, *Coordinator of Communications and the Fulford Center*
Angie Williams, *EGSC Director of Event Planning and Scheduling*
Erin Youmans, *Magnolia Midlands GYSTC Coordinator*
Kim Hooks, *Part-Time STEM Teacher*

Phone: 478.289.2464
Fax: 478.289.2465
Email: hdsmith@ega.edu

NORMAL HOURS OF OPERATION:
Monday - Friday: 8 a.m. – 5 p.m.
Other times by appointment



at East Georgia State College



**HARLEY SMITH,
COORDINATOR**

Message from the Coordinator

Happy February! I hope the beginning of 2021 treated you well. The Fulford Center is still actively monitoring COVID-19 guidelines and making sure each guest feels safe and well while at the Fulford Center. Each room is set up to make sure guests are socially distanced, and face masks are to be worn at all times while in the building. Groups are continuing to meet at the Fulford Center each month and are abiding by these guidelines. One event that will begin soon is the Total Wellness Series. The first session is set for March 16 at the Fulford Center. The sessions are made possible through a partnership with UGA Extension, Emanuel Medical Center, Queensborough National Bank & Trust, East Georgia Healthcare Center, CarePartners of Georgia, and East Georgia State College. For more information about the sessions, look inside this month's newsletter!

TOTAL WELLNESS SERIES KICKS OFF IN MARCH

The 2021 Total Wellness Series is designed to inform participants of various aspects of wellness. The sessions include information on financial, nutritional, and emotional wellness. These interactive sessions will focus on information and solutions to help you be and feel your best!

Four Free Sessions are planned for 2021!

Dates of Sessions:

- Tuesday, March 16
- Tuesday, May 18
- Tuesday, September 21
- Tuesday, November 9

Lunch, Presentation & Door Prize: 12:00 p.m. – 1:15 p.m.

Pre-Registration is **required** to attend. Register by calling Harley Smith at 478-289-2464 or by emailing hdsmith@ega.edu.

Enrollment is limited to 20 participants. Masks must be worn inside the building and social distancing guidelines are to be followed.



CORRELL *Scholars* PROGRAM

SPOTLIGHT: TANNER PEEBLES

The Correll Scholars Program was established in 2014 and began Fall semester 2015 to recognize and prepare exceptionally promising students as future community leaders in our region. The scholarship awards \$5,000 per student, renewable annually, for a maximum of four years. Twenty scholarships are awarded each year. The students who are chosen for the scholarships must maintain a 3.0 GPA or higher, complete at least 26 credit hours in freshman year to maintain eligibility for sophomore year, participate in a one hour credit course each semester that focuses on issues and challenges facing our region and work collaboratively to design solutions for those challenges, and actively participate in tutoring and mentoring of local elementary school students at the Fulford Center.

Tanner Peebles, a Correll Scholar who participated in the tutoring program at the Fulford Center, was recently accepted into the Philadelphia College of Osteopathic Medicine on the Moultrie Campus. Tanner plans to become a Doctor of Osteopathic Medicine.

He graduated from EGSC with a Bachelor of Science in Biology degree in the Spring of 2020. As part of the Bachelor of Sciences in Biology, Tanner performed two internships: the first at Emanuel Medical Center located in Swainsboro, Ga, and the second at Washington County Regional Medical Center in Sandersville, Ga. In addition, he was a member of the STEM Mega student club, TriBeta Biology Honor Society, Phi Theta Kappa, Ambassadors Program, and was a member of the Student Government Association.

The Philadelphia College of Osteopathic Medicine, a four-year medical school osteopathic program, was founded in 2019 to help grow the number of rural physicians in Georgia. Osteopathic medicine takes a holistic (full body) approach to treating illnesses and implementing lifestyle changes alongside prescribing medications.

In addition to prescribing medications, Osteopathic Physicians utilize Osteopathic Manipulative Medicine (OMM) to help the body work together cohesively. OMM is taught as 300-400 additional hours of neuro-



musculoskeletal training and learning hands-on techniques to manipulate bones and muscles to help relieve pain.

Tanner plans to move to Moultrie to begin school in August. He will complete two years of course work followed by two more years of course work combined with clinical rotations. Peebles will be part of the class of 2025.

Following the completion of medical school, Peebles would like to attend a family or internal medicine residency (3-4 years). He would then like to return to a rural area to help offset the deficit in healthcare in our area.

Congratulations, Tanner!